



# BULLETIN OF INDIAN ASSOCIATION OF PHYSICAL MEDICINE AND REHABILITATION

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1st July 1882 - 1st July 1962

Editor : Dr Saumen K. De

Doctor's Day Issue & Mid-term CME Issue 2019

Volume : 9 Issue : 1&2

## Editorial

I am conveying my gratitude and regards to all the members of IAPMR for entrusting me to work in the capacity of Editor, IAPMR Bulletin. I promise that I will leave no stone unturned to honour your faith upon me. I am also requesting to give your valuable inputs time to time to enrich the Bulletin and update with recent news and activities. Issue 1 is dedicated to "DOCTORS' DAY", which is also the birth and death day of Eminent Physician, great human Dr Bidhan Chandra Roy. Issue 2 is named as Mid-term CME issue. I convey my sincere thanks to all EC Members, specially our President, Dr Sanjay Wadhwa, and Secretary, Dr Navita Vyas for the unconditional support. This is the first effort of my Editorship. So, if there is any lacunae, the fault lies with me. I am in need of your constructive criticism and suggestions. With regards and thanks.



Dr Saumen K De

## President IAPMR

I heartily congratulate Dr Saumen K De and thank him for his efforts as new Editor of IAPMR Bulletin to come out with this IAPMR Bulletin which is dedicated to the Bharat Ratna Dr BC Roy and to the IAPMR Mid-term CME Programme 2019.

I, as the newly elected IAPMR President, welcome all the Members of the IAPMR Family and urge them to do their best and contribute actively so that together, as a TEAM, we can take IAPMR to greater height which it is capable of and richly deserves. There are many exciting developments taking place in PMR at the international as well as national level. Let some of these be reflected in the IAPMR Bulletin. Introduction of PMR in the revised MBBS Curriculum (to which I could contribute actively) as well as the Clinical Establishment Act are two significant developments which can have far reaching effects! I also appeal to you all to start making preparations to participate in large numbers in the forthcoming 48th Annual Conference of IAPMR being organized at Hotel Raviz Kadavu, Kozhikode, Kerala on 17-19 January 2020.

Please feel free to give your constructive suggestions about IAPMR at my official e-mail address [iapmrpresident@gmail.com](mailto:iapmrpresident@gmail.com). Please also send your write-ups to the Editor to enrich this Bulletin.

Thank you very much for the confidence reposed in me. Without your active participation, I can do nothing !

Dr Sanjay Wadhwa



## Secretary IAPMR

It's my immense pleasure to write a message for IAPMR Bulletin. This will be the first Issue from the newly elected Editor, Dr Saumen De.

As the Secretary, I extend a warm welcome to all of you on behalf of the newly elected executive team and sincerely hope, we all will work for the upliftment of the Association. There is so much to do in all the aspects whether vertical or horizontal growth of the field and I assure you that we all will work for the same. The next two years will see a lot of difference as in creating awareness about the speciality amongst peers in the medical fraternity; creating a dynamic website and updated Members directory; Academic programs including starting of IAPMR Certified one year Fellowships, Certified Courses and Accredited Programs for providing subspecialty training in different aspects of Rehab Medicine, thus improving the skill set of young Physiatrist. The Association is the representation of the members and I urge each and every member to support us fully and also feel free to send their ideas to [drnavita.nv@gmail.com](mailto:drnavita.nv@gmail.com).

My best wishes to the Editor for the success of the Bulletin. I extend my wishes to team AIIMS Rishikesh for IAPMR Midterm CME and Team, Calicut for 48th Annual Conference. Long live IAPMR. Jai Hind.

Dr Navita Vyas



## IAPMR: 2019-2021 New Executive Committee:

### President:

Dr Sanjay Wadhwa

### Vice President:

Dr P Thirunavukkarasu

### Secretary :

Dr NavitaVyas

### Joint Secretary:

Dr Sreejith K

### Treasurer:

Dr Sri Kumar V

### EC Member:

Dr Anand Varma

Dr Arun A John

Dr Koustubh Chakraborty

Dr Muralidharan PC

Dr R Karthikeyan

Dr Saumen K De

Dr Sanjay Pandey

Dr Selvan P

### Co-opted & Zonal Members:

Dr Abhishek Srivastav

Dr Harshanand P

Dr Pabitra Sahoo

### Editor IJPMR :

Dr Rajesh Pramanik

### Editor IAPMR Bulletin:

Dr Saumen K De

### Chairman

### Academic Committee:

Dr Feroz Khan

### Chairman

### Membership Committee:

Dr B Ramachandran

### Immediate Past President:

Dr R. N. Haldar

### Immediate Past Secretary:

Dr Ajay Gupta

## Immediate Past President

Dr. B. C. Roy was most reputed, distinguished and talented physician of our country with towering dynamic personality. He was MRCP and FRCS. He was mayor of Calcutta, Vice Chancellor of Calcutta University and Chief Minister of West Bengal (1951-1962) He was the architect of Kalyani, Digha, Durgapur, Salt Lake, Metro, R.G. Kar, Medical College, K.S. Roy T. B. Hospital, Chittaranjan Hospital and many others voluntary organization. Politics was service to mankind to him. His philosophy was that Doctors should treat the patients not only with Allopathy but also with empathy and sympathy.



He was one of the rare personal who was born and died on the same date i.e. 1st July (1882-1962), which is observed as Doctor's day. Dr. B.C. Roy National Awards are given to eminent Doctors every year.

**Dr R.N.Haldar**

## Vice-President IAPMR

It is indeed very glad one more centre of Physical Medicine and Rehabilitation has gone on map of IAPMR history for taking up the Midterm CME. The theme of the Midterm CME is "Trauma Rehabilitation" which is apt topic considering the present day needs of our young and energetic psychiatrists. I sincerely congratulate Prof. Rajalakshmi H and Dr.Raj Kumar Yadav, the Organizing Chairman and Secretary for their wonderful initiative for organizing this CME.



In this regard I am happy to congratulate Dr. Saumen K. De for continuing the tradition of IAPMR Bulletin on our Psychiatrists desk. My best wishes to him

I also wish the CME a grand success.

**Dr P. Thirunavukkarasu**

## Chairman Membership Committee

I am very happy that Dr Saumen K De has taken up the task of bringing out the IAPMR bulletin. The relevance of this news bulletin in the present day of communications by WhatsApp, information on our web site is doubted by many but it is up to the Editor to include news and happenings of PMR in the world and specifically IAPMR which is not available easily.



Any Association is as strong as its members and I urge one and all to motivate and encourage our PMR brothers to join IAPMR in large numbers. The list of latest additions to our family is available in the booklet published during our conference by our past secretary Dr Ajay Gupta.

I wish Dr Saumen, Editor IAPMR Bulletin all the very best.

**Dr B Ramachandran**

## New MD & DNB Seats

1. AIIMS, RISHIKESH: TWO(2) MD PG Students joined.
2. AIIMS, PATNA: ONE (1) MD PG Student joined.
3. AIIMS BHUBANESWAR: TWO(2) MD PG Students joined in two sessions (1 each session).
4. AIIMS, BHOPAL: ONE (1) MD PG Student joined.
5. KOKILABEN DHIRUBHAI AMBANI HOSPITAL, MUMBAI: First DNB PGT has joined.
6. Proposal to start PG Course in the department of PMR in PGIMER & Dr RML Hospital (ABV Institute of Medical Sciences), New Delhi has been approved.

## Report of ODISHA Chapter of IAPMR

### Celebration of Club Foot Day

Workshop on “Management of Club Foot” was organized in the Eve of “Club foot celebration week” at department of PMR on 06.06.2019 in association with Association of Physical Medicine Rehabilitation of Odisha (APMRO) and Cure International India trust. President of APMRO was the Chief Guest for the Occasion. Five scientific presentations were presented. All the Doctors and PG Students of PMR, Internees posted in the PMR department and 36 patients of 18 Club foot children attended the workshop. A parent counseling program was conducted for care and maintenance of club foot correction.



### Celebration of “Rheumatoid Arthritis awareness week”

In the eve of Rheumatoid Arthritis Awareness Week, a workshop on “Approach to arthritis” was conducted in the department of PMR on 21.06.2019 in association with Association of Physical Medicine Rehabilitation of Odisha (APMRO). Eminent Rheumatologists from Appolo Hospital, Bhubaneswar and IMS & SUM Hospital, Bhubaneswar were invited as a guest Speakers. Scientific presentation on approach to various arthritis conditions were presented by different speakers. All the doctors and PG students of PMR had participated in the workshop.

**Dr P. K. Sahoo** - Secretary, APMRO

## Report of KERALA Chapter of IAPMR

Kerala Chapter of IAPMR is unique in issuing membership numbers to all its members, both life and associate. Recently our National President asked state chapters to send their membership list. We were the only state chapter who could send the list. For this our chapter got special remark by the National President. Now we have a total of 265 members.

Organized Rehabcon 2019, Annual state conference at IMA House, Ernakulam in the month of June 2019. Organizing Chairman – Dr. George Joseph.N and Organizing Secretary – Dr.Sasikumar.N. The conference, spread over three days included the preconference workshop on 14/06/2019. This conference and workshop were well attended by Physiatrists from all over Kerala and neighboring states.

Post graduate students presented free papers and poster presentations.

Musculo-skeletal USG and Prolotherapy workshops were conducted in association with the conference.

Annual General Body meeting was conducted on the first day after noon. New office bearers were elected in the general body meeting

<b>President</b>	: Dr. P. C. Muralidharan	<b>Vice President</b>	: Dr. Santhosh K Raghavan
<b>Secretary</b>	: Dr. Selvan. P	<b>Joint Secretary</b>	: Dr. Aruvi. K. P.
<b>Treasurer</b>	: Dr. Arun A John	<b>Editor</b>	: Dr. Ravisankaran
<b>Executive Members</b>	: Dr. Charvakan. S, Dr. Sasikumar. N, Dr. Sonu Mohan, Dr. Laxmi Mohan, Dr. Bindhu. G.S., Dr. Divya Anirudhan, Dr. Shijy Francis		

During the inaugural ceremony held at Bolgatty Palace, Kochi, four eminent leaders of IMA, Dr. M. C. Jayaram, Dr. V. G. Pradeep Kumar, Dr. T. V. Padmanabhan and Dr. A. V. Jayakrishnan were felicitated for their contributions towards the medical fraternity.

Dr. Santhosh Babu organized a sensitization camp in Daya hospital, Thrissur for the care givers of chronically ill bed ridden patients. It was a well appreciated and well attended programme.

**Dr. Selvan. P**

Secretary

Kerala Chapter of IAPMR

09/08/2019

Thiruvananthapuram

### Activities at a Glance



Bhopal



Chennai



Patna



Mumbai



Lucknow



### On Electronic Media



### Doctor's Day



### Teacher's Day Celebration

### Activities at a Glance



### ISPRM, KOBE



### ODISHA

### DELHI



### SCI Day Celebration

**Forth Coming Programmes**  
**National**



**IAPMR**  
MID TERM CME 2019

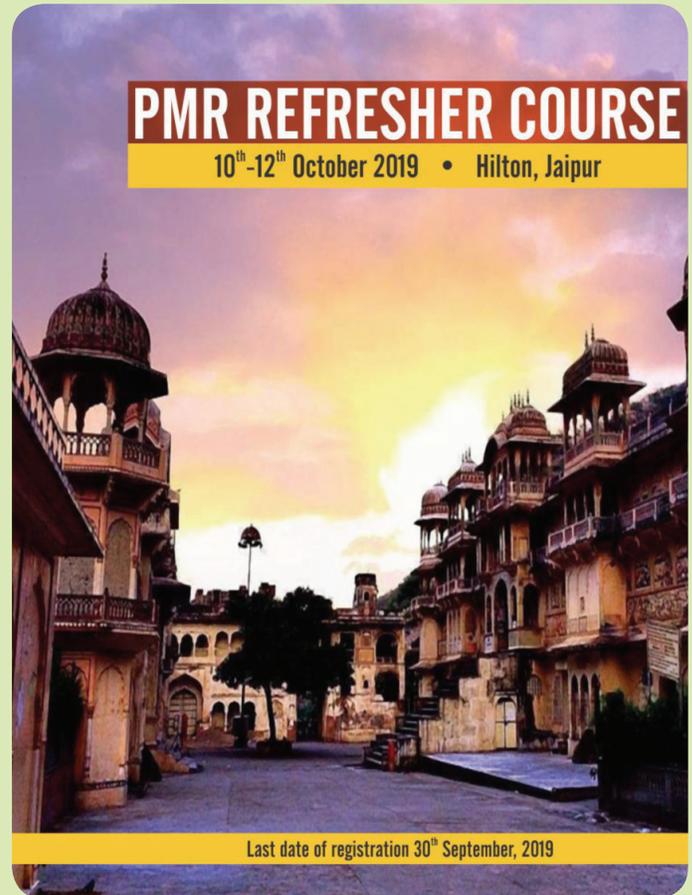
**Pre conference Workshop**  
20<sup>th</sup> September 2019

- Simulation based workshop on emergency management in trauma rehabilitation
- 3D motion analysis

**Organized by**  
Department of Physical Medicine & Rehabilitation (PMR)  
All India Institute of Medical Sciences  
Rishikesh, Uttarakhand

**September**  
**21-22**

**AIIMS, RISHIKESH**  
+91 88002 64547  
rajky4u@yahoo.com  
www.iapmmidtermcme2019.com



**PMR REFRESHER COURSE**  
10<sup>th</sup>-12<sup>th</sup> October 2019 • Hilton, Jaipur

Last date of registration 30<sup>th</sup> September, 2019



**Indian Association of Physical Medicine & Rehabilitation**  
**48th NATIONAL CONFERENCE**  
January 17-19, 2020

**HOTEL RAVIZ KADAVU KOZHIKODE, KERALA**

**PRE CONFERENCE WORKSHOPS**  
January 16th



**WORKSHOP ON ULTRASONOGRAPHIC PAIN MEDICINE 2019**  
*DEVELOPING PASSION FOR LEARNING*  
19<sup>th</sup> and 20<sup>th</sup> OCTOBER 2019  
**INTERNATIONAL CADAVERIC HANDS-ON WORKSHOP ON USG GUIDED PAIN MEDICINE**  
Organized By  
Department of Physical Medicine and Rehabilitation  
And  
Department of Anatomy  
All India Institute of Medical Sciences  
Jodhpur, Rajasthan, India

**Highlights**

- International and national faculty
- Live demonstration of sonographic anatomy
- Cadaveric hands on in pain injection techniques
- Hands on training program on USG guided minimally invasive surgery
- Enhance your skill in ultrasound guided injections for musculoskeletal pain condition
- Direct interaction with renowned faculty
- Small groups of 6-8 participants.

Limited registrations on "first come first serve" basis

<b>Delegate Category</b>	<b>Registration Tariff</b>
Indian	INR 20,000/-
Foreign	US \$1000/-

**REGISTRATION WILL OPEN SOON**

**Delhi PMRCON19**  
**14th Annual Conference of IPARM**

**“Critical Care Ventilation-New Horizon in PMR”**  
Chairman : Dr Rajendra Sharma

**Date : 30th November and 1st December 2019**  
**Venue : ABVIMS and RML Hospital, New Delhi**

<http://www.iapmr.net/iparmconf19home.html>

Forth Coming Programmes  
International

MARCH 4-9, 2020 | ORLANDO, FL



Connecting People, Changing the World

REGISTRATION OPENS SEPTEMBER 23, 2019!

[www.aocprm2020.com](http://www.aocprm2020.com)

# AOCPRM 2020

APRIL 23 - 26, 2020  
JEJU, KOREA

*Innovative Rehabilitation  
in Asia Oceania*



The 7th  
Asia-Oceanian Conference of  
Physical & Rehabilitation Medicine

In conjunction with  
34th Annual Congress of the  
Korean Academy of  
Rehabilitation Medicine

In **Severe Neuralgia** for additional pain relief

India's  
most prescribed anti-neuralgic

**Gabapin NT** <sup>100</sup>/<sub>400</sub>

Gabapentin 100/400 mg + Nortriptyline 10 mg Tab

— Evidence, Experience, Excellence —



In **Neuralgia** of various etiologies

**Gabapin** <sup>100</sup>/<sub>300</sub>/<sub>400</sub>/<sub>600</sub>/<sub>800</sub>

Gabapentin Tabs/Caps\*

— The Neuralgia Expert —



**Gabapin SR** <sup>450</sup>/<sub>600</sub>

Gabapentin Sustained Release 450/600mg Tab

— Sustains Smile in Life —



**Gabapin-ME** <sup>100</sup>/<sub>300</sub>

Gabapentin 100/300 mg + Methylcobalamin 500 mcg Tab

Regenerates nerve + Relieves pain

Aquila | INTAS

## Appeal From the Desk of Editor

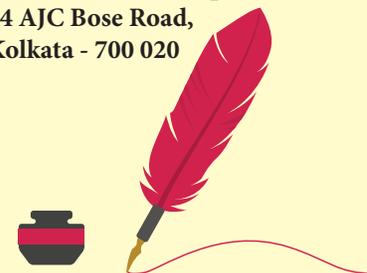
To all Members and  
Branch Secretaries

Please don't forget to share your activities, achievements and events for inclusion in the IAPMR Bulletin regularly to enrich all members!

You may please send your contributions to me via **Whatsapp on 94331 24596** or write to me at **editorofiapmrbulletin@gmail.com, drsaumen16@yahoo.com.**

You are also welcome to send us other relevant print materials by post to the following address:

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## BOOK POST

To,

From:

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